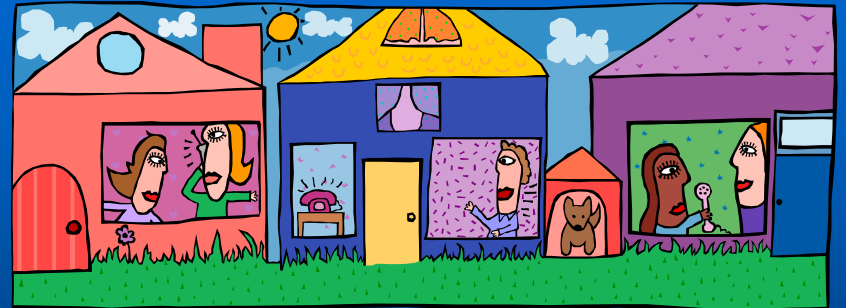


Children's Long-Term Support Waivers



Intensive In-Home Autism
Treatment Services

Definition

- The provision of treatment oriented behavioral services provided by qualified professionals. This service may consist of a variety of therapeutic approaches implemented with the intent to enhance behavior, communication, and social skills.



Service Requirements

- Treatment must be related to an individual child's treatment goals.
- A variety of behaviorally based therapy models consistent with best practice and research on effectiveness.
- Intensive services are a range of 20 - 35 hours of face-to-face contacts per week.
- The cost of travel time may be included in the rate paid to the provider.

Service Requirements

- The service is limited to children who have a diagnosis of Asperger Syndrome, autism, or pervasive developmental disorder-not otherwise specified (PDD-NOS).
- The child must meet diagnostic and functional criteria before starting services.
- Services must start before the child reaches age eight years, unless a variance is granted.

Service Requirements

- Once children have had three years of intensive services, or at such time as they are not making progress towards outcomes, they will transition to other home and community based services (HCBS) waiver supports.
- Variances to the three year limit are subject to Department of Health and Family Services.

Service Requirements

- Intensive services must be coordinated with other relevant services such as educational, medical and other private and public supports and services.
- The use of intensive services is exclusive of other HCBS waiver services.

Team Composition

Lead Therapist - Qualifications

- A doctoral degree in psychology or a medical degree from an accredited institution;
- Actively licensed as a psychiatrist or psychologist;
- Has completed 1,500 hours of training or supervised experience in behaviorally based therapy models; and
- At least two years as an independent practitioner, and as a supervisor of less experienced clinicians.

Team Composition

Senior Therapist - Qualifications

- certified psychotherapy provider with a master's degree in a behavioral science
- 400 hours of training or supervised experience in the use of behaviorally based therapy in addition to, or as a part of their 3,000 hours of training or supervision

OR

Team Composition

Senior Therapist - Qualifications

- A bachelor's degree in a human services discipline
- At least 2,000 hours of training or supervised experience in the use of behaviorally based therapy

Team Composition

Line Staff - Qualifications

- Must be at least 18 years of age
- Must be a high school graduate
- Must have at least 30 hours of direct supervised experience in the use of behaviorally based therapy or at least 160 hours working in any setting with children with autism spectrum disorders
- must be oriented to the specific outcomes and approaches for an individual child.

Team Roles - Lead Therapist

- Assesses the child and develops the treatment plan.
- Trains and directs the child's treatment team either directly or by conferring with the Senior Therapist.
- Sees the child in person at least every two months if there is a Senior Therapist or every week if there is no Senior Therapist.

Team Roles - Senior Therapist

- Provides ongoing supervision of the treatment plan.
- Trains and supervises Line Staff.
- Provides training for the child's family.
- Develops a weekly treatment plan.
- Works with line staff, the child's family and other treatment team members at least two hours per week in the child's home.
- Confers with the Lead Therapist.

Team Roles - Line Staff

- Implement the behavioral intervention under the supervision of Lead Therapists and Senior Therapists.
- Documents the nature and the scope of the services provided to the child.
- May accompany the child to community-based activities intended to generalize behavioral principles - must be documented related to measurable treatment goals.

Team Roles - Family Involvement

- Must be involved in the initial training session.
- Must remain involved with the team for carry through and to reinforce behaviors.
- Follow through on behaviorally based trials.
- Must be present at team meetings and workshops.

Rate Structure

- Rates are set by the number of hours authorized for each child.
- The rate is an average of \$22.30 per hour.
- The rate is intended to average the costs of various types of time: direct face-to-face, travel and collateral.
- The rate is intended to average the costs of line staff, senior therapists and lead therapists.

Rate Structure

- The provider is expected to provide services at the number of hours authorized per week.
- The provider will receive reimbursement at this rate as long as services are delivered at 90% or greater over the course of one month. If this happens two months in a row payment to the provider is reduced.
- If less services are provided the payment is reduced proportionately.

Rate Structure

- Children are able to make up some services within a month. If greater than 50% of services are missed within a given week, these hours cannot be made up.
- If a child uses less services in a given month, their service authorization will remain the same.
- If a child consistently uses less service, then the provider should request a reduction in authorized hours.

Rate Structure

- A majority of services must be delivered face-to-face with the child.
- A majority of services must be provided in the child's home, unless specifically related to generalization or transition plans for the child.
- Travel time must be reasonable and providers should make every effort to minimize travel.
- Costs must be incurred for any time billed.